



St. Teresa Catholic School

1108 Lebanon Avenue

Belleville, IL 62221

618-235-4066

Welcome to the Sports Season at St. Teresa Catholic School!

Attached to this letter is a packet of information regarding sports policies for St. Teresa Catholic School and the Diocese of Belleville. We ask that you read all information before the season begins and return the acknowledgement form to school. If you have any questions regarding any policies or regulations please contact our Athletic Director, Mr. Joe Voss.

We hope that all of our players have a positive experience as they join our teams and represent St. Teresa Catholic School. Our main goal is to teach good sportsmanship at all times. We would hope that all players, coaches, and parents always show Christian sportsmanship at all games and practices. We ask that we refrain from criticizing players, coaches, or referees during all games.

If a parent has any questions regarding their child, we ask that you first speak with the coach. However, we ask that all parents refrain from speaking from the coach immediately after the game and wait 24 hours, please. If there are still concerns, we ask that you contact the athletic director.

Schedules of all teams are sent to team members at the discretion of the coach.

If you have any questions, please call the school office. Practice schedules are distributed each month at the discretion of the coach.

We look forward to a great year in sports at St. Teresa Catholic School. We have always been very proud of all of our teams because of their great attitudes and sportsmanship displayed at all games. This is much more important than winning or losing. Your willingness to have your child participate in our program is a big commitment on your part and we sincerely appreciate your efforts.

Thank you,

Mrs. Green
Principal

Philosophy and Purpose Of Catholic School Athletic Programs In the Diocese of Belleville

The Catholic school athletic programs exist in the Diocese of Belleville to enhance the relationship between faith, religious practice, and the activities of daily living. Sports programs are an integral part of the Catholic educational and catechetical mission.

All activities within the Catholic school environment are designed to assist this mission by helping young people develop a strong moral character* based in faith. The educational experience is meant to bring the entire person, (mind, body, and spirit) closer to his or her realization that every child is made in the image of God. This character development must underlie the total daily school experience.

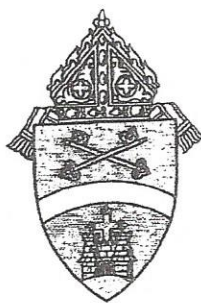
Every aspect of the school experience must contribute to this endeavor from the quality and thoroughness of academic work, to how the students behave and treat one another, and to how they play on the playground. Formal athletic programs offer a unique opportunity for adults to supervise youth in the application of Christian principles learned in the school environment to the often highly emotional pastime of sports. Athletics is one of the most effective ways to teach “applied Christianity.”

For instance, school athletic programs present ideal opportunities for teaching youth important life lessons: setting and meeting goals, controlling impulses, overcoming challenges and obstacles, and learning to sacrifice for the good of others. Playing sports can teach youth self-discipline, respect, responsibility and perseverance, and generate moments of pride, satisfaction and joy, regardless of the wins and losses a team may experience.

All of these virtues and social and emotional abilities are at the core of the Gospel message. Making connections between such virtues and abilities and the person and teachings of Christ is one of the challenges of making a sports program a truly Catholic experience, which is the challenge facing every Catholic School.

It is imperative that school leaders and coaching staff work closely together to ensure that the athletic mission contributes to the school’s overall spiritual mission. The school’s academic and athletic programs, as well as all school activities, must contribute to spreading the Gospel. Teaching and coaching philosophies within the school must be frequently evaluated to make sure they are reflecting the values of Jesus.

* A strong character is formed and maintained when an active and well-formed conscience becomes a consistent moral guide, and such virtues as patience, generosity, honesty, obedience, compassion, understanding, respect, tolerance, and prudence become habits of thought and action.



THE DIOCESE OF BELLEVILLE

Dear Parents,

Throughout the Diocese of Belleville, all the Catholic churches, and all of their schools, have one goal in mind: to teach the people to live according to the teachings of Jesus Christ. The parishes and schools have many ways to carry out this task: mass, gospel readings, homilies, PSR, religion classes, everyday activities by priests and teachers... and interscholastic athletics.

The sports program at all schools deals primarily with the athletes, teaching the respect, self-discipline, responsibility, and thanksgiving for the God-given talents the athletes have developed to use in the athletic contests. As coaches strive to teach the athletes the above qualities, so must the schools, principals, and school athletic directors strive to teach the parents the same things.

As a parent, it is only natural to want the best for your children. Hopefully, their experiences in interscholastic athletics on the elementary school level will help them learn respect for authority, for teammates, and for their opponents. Hopefully, they will learn self-discipline and restraint concerning "getting back" at an opponent. Hopefully, they will be responsible concerning wearing the correct uniform, showing up at practices, and working hard to the best of their abilities.

As in life, not everyone can be the "best." There are winners and losers in all aspects, but everyone can be successful. As in school grades, musical talent, size, athletic ability, and in many other things, not all people are the same. But they can still try to be the best they can be.

With this in mind, from a parenting standpoint, you should have faith in the coaches that they will put your child into situations in which they can succeed, not fail. Remember in team sports, it is the success of the team that matters most. This success can be defined as a team striving to do their best while keeping in mind the Gospel mission of the school. Players can contribute to that success, whether in practice or in games. Just as all students do not get equal grades in school, all players may not get the same playing time in games. But they can still be an important part of the team.

Remember, you as parents represent your child, your parish, and your school when you attend athletic contests as a fan. You, too, must show self-discipline and respect. Referees and officials are human, just like the players are. Everyone will make mistakes. Realize that your player may miss a lay-up, or a serve, and a referee may miss a call.

At times, it will be difficult and frustrating to watch your child play in an athletic contest. The primary concern is for the athletes to do their best... and hopefully be successful as a team... and win the game. But even if they play hard, they may still be defeated by a better team. In order to help all people involved in interscholastic sports, the Diocese of Belleville has mandated that ALL parents attend a meeting to discuss their behavior and attitudes at athletic contests. Parents must sign a paper that states they will act according to the Code of Conduct and abide by the written policies of the Diocese of Belleville. This paper must be signed before their child will be allowed to compete in interscholastic sports.

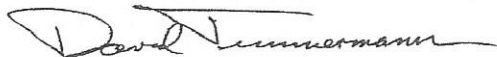
Each school should submit an Incident Report Form to the Diocesan Office of Education in the event of any un-sportsmanlike conduct by parents, players, coaches, spectators, fans, and supporters. These reports should be submitted within 72 hours and should not be based on the calls of officials or referees. A copy of the Incident Report Form will be sent to the principals of the schools involved.

EVERY SCHOOL IS TO ADOPT AND FOLLOW A "24 HOUR" COOLING OFF PERIOD TO DIFFUSE POTENTIAL PROBLEMS BETWEEN PARENTS, SPECTATORS, OFFICIALS, AND COACHES.

Any parent, spectator, fan, or supporter disregarding these guidelines shall be asked to leave the gym or playing field. If the parent, spectator, fan, or supporter disregards the request to vacate the area, the game shall not continue until the person(s) leave and could result in forfeiture of the game. The school athletic director/designated representative, or coaches shall see that these regulations are enforced. Any parent, spectator, fan, or supporter that consistently violates these regulations shall not be allowed to attend games until determined by the principal or school athletic director. Any school athletic director/designated representative, or coach refusing to enforce these regulations shall be suspended temporarily or permanently as determined by the principal.

It is the hope of the Diocese of Belleville that by following these guidelines, you and your children will have an enjoyable and beneficial sports year.

Sincerely,

A handwritten signature in black ink, appearing to read "David Timmermann". The signature is fluid and cursive, with a long horizontal stroke extending to the right.

David Timmermann
Associate Director of Education

STAA 2022 Kindergarten - 4th Registration Form
 Please Verify All Data and Make Any Changes on This Form

Record #

Student _____ Grade _____ Birthdate _____

Parents Last _____ Parents First _____

Email _____ Home Phone _____ Cell Phone _____

Very important

Date Form Turned In _____

Date Physical Turned In _____

As the parent(s), I/we have read the Code of Conduct and agree to follow and abide by these written policies. I/we hereby affirm with my/our signature(s).
--

As the parent(s), I/we agree that my son/daughter may play on teams which are above his or her grade level. I/we hereby affirm with my/our signature(s).
--

Sign & Date

Sign & Date

Sign & Date

Sign & Date
AD Allows to Play UP

Team Sport Registration – Please Check The Box to Register
--

Soccer - Fee is \$60

Shirt for Soccer – Fee is \$20 - indicate size

AL – Adult Large	YL – Youth Large
AM – Adult Medium	YM – Youth Medium
AS – Adult Small	YS – Youth Small

Total Due	\$ _____
Amount Paid	\$ _____
Balance Due	\$ _____
Check #	_____

STAA 2022-2023 5-8 Registration Form

Record #

Please Verify All Data and Make Any Changes on This Form

Student _____ Grade _____ Birthdate _____

Parents Last _____ Parents First _____

Email _____ Home Phone _____ Cell Phone _____

Very important

Date Form Turned In _____

Date Physical Turned In _____

As the parent(s), I/we have read the Code of Conduct and agree to follow and abide by these written policies. I/we hereby affirm with my/our signature(s).

As the parent(s), I/we agree that my son/daughter may play on teams which are above his or her grade level. I/we hereby affirm with my/our signature(s).

Sign & Date

Sign & Date

Sign & Date

Sign & Date

AD Allows to Play UP

Team Sport Registration – Please Check The Box to Register

- Baseball – For 7th & 8th grade boys only –
- Fee is \$60
- Shirt, hat and socks for Baseball – Fee is \$40
- Indicate Shirt Size
- Soccer - Fee is \$60
- Shirt for Soccer – Fee is \$20 - indicate size
- Basketball – Fee is \$60
- Volleyball – Fee is \$60
- Track – Fee is \$50
- Cross Country – Fee is \$30

AL – Adult Large	YL – Youth Large
AM – Adult Medium	YM – Youth Medium
AS – Adult Small	YS – Youth Small

Total Due	\$ _____
Amount Paid	\$ _____
Balance Due	\$ _____
Check #	_____



Dear St. Teresa Parents/Guardians:

The state of Illinois requires that our school provide a concussion information sheet to our parents. We also required to have a signed concussion form on file for each student.

Please read over the concussion information sheet provided and return a signed and dated concussion form for each of your children who are students at St. Teresa School.

These forms must be completed at the start of each new school year. Thank you for your assistance with this important issue.

Sincerely,

Nicole Green
Principal

Concussion Information Sheet

A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works.

Even though most concussions are mild, **all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly.** In other words, even a “ding” or a bump on the head can be serious. You can’t see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

Symptoms may include one or more of the following:	
<ul style="list-style-type: none"> • Headaches • “Pressure in head” • Nausea or vomiting • Neck pain • Balance problems or dizziness • Blurred, double, or fuzzy vision • Sensitivity to light or noise • Feeling sluggish or slowed down • Feeling foggy or groggy • Drowsiness • Change in sleep patterns 	<ul style="list-style-type: none"> • Amnesia • “Don’t feel right” • Fatigue or low energy • Sadness • Nervousness or anxiety • Irritability • More emotional • Confusion • Concentration or memory problems (forgetting game plays) • Repeating the same question/comment
Signs observed by teammates, parents and coaches include:	
<ul style="list-style-type: none"> • Appears dazed • Vacant facial expression • Confused about assignment • Forgets plays • Is unsure of game, score, or opponent • Moves clumsily or displays in coordination • Answers questions slowly • Slurred speech • Shows behavior or personality changes • Can’t recall events prior to hit • Can’t recall events after hit • Seizures or convulsions • Any change in typical behavior or personality • Loses consciousness 	

CONCUSSION PROTOCOL

A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works.

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Signs observed by teammates, parents and coaches include:	
<ul style="list-style-type: none">● Appears dazed● Vacant facial expression● Confused about assignment● Forgets plays● Is unsure of game, score, or opponent● Moves clumsily or displays in coordination● Answers questions slowly● Slurred speech● Shows behavior or personality changes● Can’t recall events prior to hit● Can’t recall events after hit● Seizures or convulsions● Any change in typical behavior or personality● Loses consciousness	

Adapted from the CDC and the 3rd International Conference on Concussion in Sport
Document created 7/1/2011, Reviewed 4/24/2013, 7/2015, 7/2017, 6/2018

Concussion Consent Form

What can happen if my child keeps on playing with a concussion or returns too soon?

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athletes will often fail to report symptoms of injuries. Concussions are no different. As a result, education of administrators, coaches, parents and students is the key to student-athlete's safety.

If you think your child has suffered a concussion

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance. Close observation of the athlete should continue for several hours. The Return-to- Play Policy of the IESA and IHSA requires athletes to provide their school with written clearance from either a physician licensed to practice medicine in all its branches or a certified athletic trainer working in conjunction with a physician licensed to practice medicine in all its branches prior to returning to play or practice following a concussion or after being removed from an interscholastic contest due to a possible head injury or concussion and not cleared to return to that same contest. In accordance with state law, all schools are required to follow this policy.

You should also inform your child's coach if you think that your child may have a concussion. Remember it's better to miss one game than miss the whole season. And when in doubt, the athlete sits out.

For current and up-to-date information on concussions you can go to:
<http://www.cdc.gov/ConcussionInYouthSports/>

Student/Parent Consent and Acknowledgements

By signing this form, we acknowledge we have been provided information regarding concussions.

Student

Student Name (Print): _____ Grade: _____

Student Signature: _____ Date: _____

Parent or Legal Guardian

Name (Print): _____

Signature: _____ Date: _____

Relationship to Student: _____

Each year IESA member schools are required to keep a signed Acknowledgement and Consent form and a current Pre-participation Physical Examination on file for all student athletes.



ST. TERESA CATHOLIC SCHOOL
1108 LEBANON AVENUE
BELLEVILLE, IL 62221

Dear Parents/Guardians:

Attached, you will find our St. Teresa sports physical form. The front of the form is to be completed by the parent including the parent/guardian's signature giving permission to participate. **The back of the form is to be completed and signed by the physician who performs the examination, including the date of the exam.**

Any student who plans to participate in school-sponsored sports must have a current (expires 395 days from the date of the medical examination) physical on file at the school office prior to participating in any practice or game. Incoming **Kindergarteners** and **Sixth graders** must have a new *Illinois state physical form* on file. Those students **do not** require an additional *sports physical*.

You are permitted to have the physicals done by the doctor of your choice. Please, be sure to provide the St. Teresa Sports Physical Form to the physician of your choice so that the doctor may complete the back page.

Please keep in mind that you will need to provide the physical form before Summer break, or you will need to mail or bring the form to the school office to be filed. This will ensure that the physical is on file at the school prior to the beginning of sports (soccer and baseball) practice (usually begins the last week of July). The coach will be notified if your child does not have a current physical on file.

If you choose to mail the completed form, please send to:

St. Teresa School
1108 Lebanon Avenue
ATTN: School Nurse/Sports Physical
Belleville, IL 62221

Please, do not hand sports physicals to the coach.

If you have any questions or concerns, please contact me at the school office Monday thru Friday during school hours at 235-4066.

Sincerely,

Mrs. Green

St. Teresa School



ST. TERESA CATHOLIC SCHOOL
 1108 LEBANON AVENUE
 BELLEVILLE, IL 62221

Name: _____
 Gender: _____ M _____ F Date of Birth: _____/_____/_____
 Father's Name: _____ Daytime/Cell Phone: (_____) _____ - _____
 Mother's Name: _____ Daytime/Cell Phone: (_____) _____ - _____
 Email Address: _____ Home Phone: (_____) _____ - _____
 Street Address: _____
 City: _____ State: _____ Zip: _____
 Alt. Emergency Contact: _____ Daytime/Cell Phone: (_____) _____ - _____
 Please indicate MEDICAL ALERTS such as allergic reactions, contact lenses, etc.: _____

MEDICAL HISTORY

Athletes and Parents: This health record is a critical element in the determination of an athlete's risk of injury in sports. Please take the time to read and answer all questions before seeing a physician for the athlete's physical examination.

1. Has anyone in the athlete's family (grandparents, mother, father, brother, sister, aunt, uncle) died suddenly before age 50? YES NO DON'T KNOW
2. Has the athlete ever stopped exercising because of dizziness or passed out during exercise? YES NO DON'T KNOW
3. Does the athlete have asthma (wheezing), hay fever, or coughing spells after exercise? YES NO DON'T KNOW
4. Has the athlete ever had a broken bone, had to wear a cast, or had an injury to any joint? YES NO DON'T KNOW
5. Does the athlete have a history of concussion (getting knocked out)? YES NO DON'T KNOW
6. Has the athlete ever suffered a heart-related illness (heat stroke)? YES NO DON'T KNOW
7. Does the athlete have a chronic illness or see a doctor regularly for any particular problem? YES NO DON'T KNOW
8. Does the athlete take any medication(s)? YES NO DON'T KNOW
9. Is the athlete allergic to any medications or bee stings? YES NO DON'T KNOW
10. Does the athlete have only one of any paired organs? (eyes, ears, kidneys, testicles, ovaries) YES NO DON'T KNOW
11. Has the athlete had an injury in the last year that caused the athlete to miss 3 or more consecutive days of practice or competition? YES NO DON'T KNOW
12. Has the athlete had surgery or been hospitalized in the past year? YES NO DON'T KNOW
13. Has the athlete missed more than 5 consecutive days of participation in usual activities because of illness, or has the athlete had a medical illness diagnosed that has not been resolved in the past year? YES NO DON'T KNOW
14. Are you, the athlete, worried about any problem or condition at this time? YES NO DON'T KNOW

Additional Cardiovascular History

15. Have you ever had chest pain during or after exercise? YES NO DON'T KNOW
16. Do you get tired more quickly than your friends do during exercise? YES NO DON'T KNOW
17. Have you ever had racing of your heart or skipped heartbeats? YES NO DON'T KNOW
18. Have you ever had high blood pressure or high cholesterol? YES NO DON'T KNOW
19. Have you ever been told you have a heart murmur? YES NO DON'T KNOW
20. Have you ever had a severe viral infection (for example myocarditis or mononucleosis) within the last month? YES NO DON'T KNOW
21. Has a physician ever denied or restricted your participation in sports for any heart problems? YES NO DON'T KNOW
22. Has anyone in your family had a heart attack before the age of 50? YES NO DON'T KNOW

Please give details on any "YES" answer from the above health history: _____

Signature of Parent or Guardian: _____ Date: _____/_____/_____



ST. TERESA CATHOLIC SCHOOL
 1108 LEBANON AVENUE
 BELLEVILLE, IL 62221

SPORTS PHYSICAL FORM

Student Name: _____

Grade: _____

Date of Exam: ____ / ____ / ____

PHYSICAL EXAM – TO BE COMPLETED BY PHYSICIAN

Height: _____ Weight: _____ Pulse: _____ Blood Pressure: ____ / ____

Vision:

R _____ / _____ Uncorrected R _____ / _____ Corrected

L _____ / _____ Uncorrected L _____ / _____ Corrected

	Normal	Abnormal Findings	Initials
1. Eyes			
2. Ears, Nose, Throat			
3. Mouth & Teeth			
4. Neck			
5. Cardiovascular			
6. Chest & Lungs			
7. Abdomen			
8. Skin			
9. Genitalia-Hernia (maie)			
10. Muskulosketal: ROM, strength, etc.			
a. neck			
b. spine			
c. shoulders			
d. arms/hands			
e. hips			
f. thighs			
g. knees			
h. ankles			
i. feet			
11. Neuromuscular			

Please Print/Stamp

Physician's Name: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Telephone: (____) _____ - _____

I certify that I have examined this athlete and found him/her medically qualified to participate in sports. I also certify that I am a licensed medical physician, physician's assistant, or family nurse practitioner. (Doctor of Chiropractic Medicine is not satisfactory.)

Physician Signature: _____ Date: ____ / ____ / ____

Parent's Code of Ethics:

- A. Parents/fans and supporters of the parish athletic program do not use abusive language at the referees, players, coaches, or fans from either team.
- B. Parents/fans and supporters of the parish athletic team treat all officials with respect and refrain from criticizing officials during and after games.
- C. Parents/fans are reminded that their actions reflect on the reputation and good name of the Catholic school. Parents and Fans represent the Catholic community to those in attendance.
- D. The actions of parents and fans promote good sportsmanship among everyone present.
- E. There is a "24 Hour" cooling off period to diffuse potential problems between parents and coaches or officials.
- F. Parents are not to coach or criticize their child during the game.

CODE OF CONDUCT

- A. Parents, players, coaches, spectators, fans, and supporters of the school athletic program do not use abusive language at the referees, players, coaches, spectators, fans, and supporters from either team.
- B. Parents/fans and supporters of the school athletic team treat all officials with respect and refrain from criticizing officials during and after games.
- C. Parents/fans are reminded that their actions reflect on the reputation and good name of the school.
- D. The actions of parents and fans promote good sportsmanship among everyone present.
- E. ANY COACH, PLAYER, PARENT, OR SPECTATOR EJECTED FROM A GAME WILL RECEIVE A ONE GAME SUSPENSION, AND MAY NOT ATTEND THE NEXT CONTEST. THIS SUSPENSION INCLUDES ANY GAME FOR THE REST OF THAT DAY AND THE NEXT SCHEDULED GAME. TWO EJECTIONS OF A COACH, PLAYER, PARENT, OR SPECTATOR WILL RESULT IN AN AUTOMATIC SUSPENSION FOR THE REMAINDER OF THE SCHOOL YEAR FROM ALL ATHLETIC ACTIVITIES

Each school should submit an Incident Report Form to the Diocesan Office of Education in the event of any un-sportsmanlike conduct by coaches, players, parents, or spectators. These reports should be submitted within 72 hours and should not be based on the calls of officials or referees. A copy of the Incident Report Form will be sent to the principals of the schools involved. EVERY SCHOOL IS TO ADOPT AND FOLLOW A "24 HOUR" COOLING OFF PERIOD TO DIFFUSE POTENTIAL PROBLEMS BETWEEN PARENTS, SPECTATORS, OFFICIALS, AND COACHES.

Any parent, fan, or spectator disregarding these guidelines shall be asked to leave the gym or playing field. If the parent, fan, or spectator disregards the request to vacate the area, the game shall not continue until the person(s) leaves and could result in forfeiture of the game. The school athletic director/designated representative, or coaches shall see that these regulations are enforced. Any parent, fan, or spectator that consistently violates these regulations shall not be allowed to attend games until determined by the principal or school athletic director. Any school athletic director/designated representative, or coach refusing to enforce these regulations shall be suspended temporarily or permanently as determined by the principal.

Boy's and Girl's Athletics

It is our hope that sports will be an enjoyable experience for your child. By following these guidelines our sport's year should be fun and exciting.

1. We ask that all parents follow the proper order in dealing with sports issues that might come up over the course of a season. First, talk to the coach after getting all correct information from your child. Please make this meeting at a convenient place and time for both parties involved. If you need further help contact the AD. If all else fails contact the Principal.
2. Two very important Diocesan policies involve playing time and when, due to a numbers issue, players are moved up to a higher level. All of our coaches have been instructed to even up playing time as best as they can. Remember that playing time depends on attendance at practices, attitude, and behavior.
3. In the 5th and 6th grade programs all players should have played by the end of the game in all sports.
4. In the 7th and 8th grades, playing time is up to the discretion of the coach. It is based on a coach's evaluation of an individual athlete's ability.
5. If a player is moved up to the next level that player is on the same basis as the player at that level. Playing time will be adjusted accordingly.
6. Unless there is permission granted by the Principal, a student may only have four activities in a week and that includes games and practices.
7. The cost to replace uniforms is very costly. With that in mind we ask that on ALL LEVELS the students DO NOT wear their uniforms to games or wear them afterwards. We will provide suitable places for them to change. Any uniform lost or damaged must be replaced at the parents expense.
8. A monthly practice schedule will be sent out in plenty of time for families to adjust their schedules.
9. If your child plays on a select team of some sort please contact the coach if there will be problems in attending games or practices. Perhaps something can be worked out for both sides.
10. If there are changes in the practice schedule we will do our best to notify you as soon as possible.

11. Anyone who misses three unexcused practices will be suspended for one week unless there are extenuating circumstances. The final decision will be made by the AD and the Principal.
12. We ask that parents wait outside the gym until practices are over. We consider this just like a classroom situation and sometimes parents in the gym will be a distraction.
13. If you are assigned to work at home games and cannot make your shift please use the BUZZ BOOK and switch with someone else.
14. A "C" average MUST be maintained in the seven basic courses: Religion, Math, Reading, Social Studies, English, Spelling, and Science. A 2.8 grade point average must be attained in these areas.
15. Students who fail to make this grade point average will be contacted by the AD. Parents may be asked to put their child on a weekly grade report. If they do not make a minimum grade point average of 2.8 they would be off the team for the following week. That means no games or practices. The ultimate decision for this action rests with the parents and the Principal.
16. All practices will start on time. Each player is expected to be at practices on time.
17. If you must be late for practice or games contact your coach. Telling another player does not constitute a valid excuse.
18. Misconduct at practices will not be tolerated. Any player sent home could be suspended for one game. Continued misconduct could result in permanent dismissal from the team.



Sportsmanship

Sportsmanship is playing fair, taking a loss or defeat without complaint, not gloating when winning, and generally treating opponents and officials with courtesy, generosity and fairness. These ideals represent the role of interscholastic activities included in your school. When these concepts are followed, interscholastic activities are shown as a positive and productive part of the total educational system.

Sportsmanship is:

- Citizenship
- Integrity and Ethics
- Respect for Opponents and Officials
- Moral Character
- Fair Play
- Acceptance of Results
- Appreciation for all Performances

The SIJHSAA believes that every member school must actively teach, promote, and model good sportsmanship and ethical behavior.



Examples of Good and Poor Sportsmanship

If individuals play within the established rules of the game, competing without complaint, winning without gloating, and fans cheer positively showing no disrespect, taunting, ridicule, or intimidation, then the interscholastic contest will be a positive atmosphere for all.

Good Sportsmanship	Do What's Right! Expectations
Competitors helping teammates and opponents up after a play	Represent your school and community well with positive interaction with opposing fans and players
Applause during introduction of players, coaches, and officials for both teams	Display modesty in victory and graciousness in defeat
Cheerleaders leading fans in positive cheers	Use positive cheers, yells, songs, and gestures
Applause at the end of contest for both teams	Respect and acknowledge the integrity and judgment of the officials
Encouraging all fans to display only sportsmanlike behavior	Exhibit positive behavior with opponents and fans before, during, and after the contest
Treat competition as a game, not a war	
Poor Sportsmanship	What this Behavior Means
Booing or heckling official's call or a player's actions and negative cheers	This is disrespectful of the official's judgment and/or the players competing. Both are doing their best in the way they were trained. Everyone makes mistakes. Fans are not at an event to intimidate or ridicule – they are there to enjoy the competition.
Competitors not shaking hands after a contest, criticizing a teammate or coach, trash-talking during or before a contest	These actions do not show winning or losing with dignity and does not show respect for your opponent, teammate, or coach.
Damaging bleachers or facilities at the host school	This is disrespectful and criminal behavior.
Profanity at any time during a contest	This is disrespectful to all in attendance. Profanity has no place in any interscholastic activity.
Blaming the loss of a game on officials, coaches, or participants	This is disrespectful to all involved in the game. Everyone did the best they could that given day.

The SIJHSA believes that every member school must actively teach, promote, and model good sportsmanship and ethical behavior.



Expectations of Behavior

Coaches

- ✓ Exemplify the highest moral character, behavior and leadership; adhere to strong ethical standards and practice being a good citizen
- ✓ Set a good example for players and spectators – refrain from arguments in front of the players and spectators, don't make gestures which indicate an official or opposing coach does not know what he or she is doing, do not throw objects in disgust, shake hands with opposing coaches and officials before and after each contest and demand the same of your players
- ✓ Respect the integrity and judgment of the game officials
- ✓ Avoid public criticism of game officials
- ✓ Display modesty in victory and graciousness in defeat in public and in meeting with media
- ✓ Teach good sportsmanship and reward/acknowledge players that display good sportsmanship
- ✓ Define respectful and disrespectful behavior for your team
- ✓ Stress that disrespectful behavior will not be tolerated
- ✓ Abide by and teach the rules of the game in letter and in spirit
- ✓ Respect the integrity and personalities of the individual athletes
- ✓ Do not use profanity, obscene language, or improper actions

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Expectations of Behavior

Spectators

- Remember that you are at the contest to support your team and enjoy the competition, not to intimidate or ridicule the other team, fans, or officials
- Remember that interscholastic activities are an extension of the classroom and a learning experience for students and that mistakes are sometimes made; praise student-athletes in their attempt to improve themselves
- Learn the rules of the game so that you may understand the game and appreciate the effort of the participants
- Observe the contest and do not verbally assault others
- Avoid criticism of game officials and sideline coaching which detracts from the performance of the student-athletes; understand that the officials are doing their best
- Recognize and show appreciation for outstanding play by either team
- Refrain from taunting or making any kind of derogatory remarks to your opponents during the game, especially comments of ethnic, racial, or sexual nature
- Show respect for the opposing players, coaches, spectators, and support groups

Parents

- Understand the purpose of educational athletics and that school sports are about kids learning and having fun; they are not about attempting to earn a college athletic scholarship
- Don't live your life through your child's activities – this is the student's time
- Accept all decisions of officials
- Applaud during the introduction of players, coaches, and officials
- Make your cheers supportive and not instructions as to how to play
- Be a positive role model through your actions by remaining calm and composed during games – there is enough pressure on kids to perform as it is and your added pressure from reacting to mistakes they make, being critical and negative, and your high emotions create unneeded stress and take away from the fun of the game

The SIJHSAA believes that every member school must actively teach, promote, and model good sportsmanship and ethical behavior.



Expectations of Behavior

Student-Athletes

- Live up to the standards of sportsmanship established by the school and coaches
- Display modesty in victory and graciousness in defeat
- Avoid excessive celebrating after a play or end of a contest
- Learn and follow the rules of the game and share this knowledge with parents and fans to help them have a better understanding and appreciation of the game
- Respect your opponents and treat them the way you would wish to be treated, as a guest or friend
- Understand all the hard work and team effort that is required of the participants
- Respect the integrity and judgment of the game officials and avoid public criticism of game officials; accept the decision of contest officials
- Remember there is a difference between gamesmanship and sportsmanship; try not to push the limits of the rules to gain an advantage in competition; refrain from taunting, trash talking, or making derogatory remarks to your opponents
- Wish opponents good luck before the game and congratulate them in a sincere manner following either victory or defeat

The SIJHSAA believes that every member school must actively teach, promote, and model good sportsmanship and ethical behavior.



Teaching and Promoting Good Sportsmanship

Parents Should . . .

- Reinforce with their child to be a good sport
- Let kids know that they are interested in all facets of their lives and not just sports
- Support the coach and keep it fun
- Follow through on commitments and working hard
- Have their child play for his/her reasons and not others
- Remain calm and composed during games
- Support their child and listen to them when they need to be heard
- Make their love and support unconditional

Parents Should Not . . .

- Coach their child from the sidelines
- Criticize their child or give a game analysis
- Treat their child differently depending on the outcome of the game
- Consider their child's sport as an investment
- Exert extra pressure to win
- Put their interests ahead of the child's interests
- Control all the decision-making relating to sports
- Tell their child the opposing team is no good and they should beat them

The SIJHSAA believes that every member school must actively teach, promote, and model good sportsmanship and ethical behavior.

Concussion Information Sheet

Adapted from the CDC and the 3rd International Conference on Concussion in Sport Document created 7/1/2011

A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, **all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly.** In other words, even a “ding” or a bump on the head can be serious. You can’t see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

Symptoms may include one or more of the following:

- | | |
|---|--|
| <input type="checkbox"/> Headaches | <input type="checkbox"/> Amnesia |
| <input type="checkbox"/> “Pressure in head” | <input type="checkbox"/> “Don’t feel right” |
| <input type="checkbox"/> Nausea or vomiting | <input type="checkbox"/> Fatigue or low energy |
| <input type="checkbox"/> Neck pain | <input type="checkbox"/> Sadness |
| <input type="checkbox"/> Balance problems or dizziness | <input type="checkbox"/> Nervousness or anxiety |
| <input type="checkbox"/> Blurred, double, or fuzzy vision | <input type="checkbox"/> Irritability |
| <input type="checkbox"/> Sensitivity to light or noise | <input type="checkbox"/> More emotional |
| <input type="checkbox"/> Feeling sluggish or slowed down | <input type="checkbox"/> Confusion |
| <input type="checkbox"/> Feeling foggy or groggy | <input type="checkbox"/> Concentration or memory problems
(forgetting game plays) |
| <input type="checkbox"/> Drowsiness | <input type="checkbox"/> Repeating the same question/comment |
| <input type="checkbox"/> Change in sleep patterns | |



Post-concussion Consent Form (RTP/RTL)



Date _____

Student's Name _____ Year in School 9 10 11 12

By signing below, I acknowledge the following:

- 1. I have been informed concerning and consent to my student's participating in returning to play in accordance with the return-to-play and return-to-learn protocols established by Illinois State law;
2. I understand the risks associated with my student returning to play and returning to learn and will comply with any ongoing requirements in the return-to-play and return-to-learn protocols established by Illinois State law;
3. And I consent to the disclosure to appropriate persons, consistent with the federal Health Insurance Portability and Accountability Act of 1996 (Public Law 104-191), the written statement of the treating physician, athletic trainer, advanced practice nurse (APN), or physician assistant (PA) and, if any, the return-to-play and return-to-learn recommendations of the treating physician, athletic trainer, advanced practice nurse (APN), or physician assistant (PA), as the case may be.

Student's Signature _____

Parent/Guardian's Name _____

Parent/Guardian/s Signature _____

For School Use only

Empty checkbox

Written statement is included with this consent from treating physician, advanced practice nurse (APN), physician assistant (PA) or athletic trainer working under the supervision of a physician that indicates, in the individual's professional judgement, it is safe for the student to return-to-play and return-to-learn.

Cleared for RTL

Cleared for RTP

Date _____

Date _____



The Game for All Kids!

Possible Concussion Notification For US Youth Soccer Events

Today, _____, 2____, at the _____ [insert name of event], _____ [insert player's name] received a possible concussion during practice or competition. US Youth Soccer and Staff want to make you aware of this possibility and signs and symptoms that may arise which may require further evaluation and/or treatment.

It is common for a concussed child or young adult to have one or many concussion symptoms. There are four types of symptoms: physical, cognitive, emotional, and sleep.

If your daughter or son starts to show signs of these symptoms, or there any other symptoms you notice about the behavior or conduct of your son or daughter, you should consider seeking immediate medical attention:

- | | | |
|----------------------------------|----------------------------|---------------------------------------|
| - Memory difficulties | - Neck pain | - Delicate to light or noise |
| - Headaches that worsen | - Odd behavior | - Repeats the same answer or question |
| - Vomiting | - Fatigued | - Slow reactions |
| - Focus issues | - Irregular sleep Patterns | - Irritability |
| - Seizures | - Slurred speech | - Less responsive than usual |
| - Weakness/numbness in arms/legs | | |

Please take the necessary precautions and seek a professional medical opinion before allowing your daughter or son to participate further. Until a professional medical opinion is provided, please consider the following guidelines:

- refraining from participation in any activities the day of, and the day after, the occurrence.
- refraining from taking any medicine unless (1) current medicine, prescribed or authorized, is permitted to be continued to be taken, and (2) any other medicine is prescribed by a licensed health care professional.
- refraining from cognitive activities requiring concentration cognitive activities such as TV, video games, computer work, and text messaging if they are causing symptoms.

If you are unclear and have questions about the above symptoms, please contact a medical doctor or doctor of osteopathy who specializes in concussion treatment and management.



Regulation 6145.2

INSTRUCTION

Interscholastic Athletics

Elementary Level School Athletic Programs

Philosophy and Purpose of Catholic School Athletic Programs in the Diocese of Belleville

The Catholic school athletic programs exist in the Diocese of Belleville to enhance the relationship between faith, religious practice, and the activities of daily living. Sports programs are an integral part of the Catholic educational and catechetical mission.

All activities within the Catholic school environment are designed to assist this mission by helping young people develop a strong moral character* based in faith. The educational experience is meant to bring the entire person (mind, body, and spirit) closer to his or her realization that every child is made in the image of God. This character development must underlie the total daily school experience.

Every aspect of the school experience must contribute to this endeavor from the quality and thoroughness of academic work, to how the students behave and treat one another, and to how they play on the playground. Formal athletic programs offer a unique opportunity for adults to supervise youth in the application of Christian principles learned in the school environment to the often highly emotional pastime of sports. Athletics is one of the most effective ways to teach "applied Christianity."

For instance, school athletic programs present ideal opportunities for teaching youth important life lessons: setting and meeting goals, controlling impulses, overcoming challenges and obstacles, and learning to sacrifice for the good of others. Playing sports can teach youth self-discipline, respect, responsibility, and perseverance, and to generate moments of pride, satisfaction, and joy, regardless of the wins and losses a team may experience.

All of these virtues and social and emotional abilities are at the core of the Gospel message. Making connections between such virtues and abilities and the person and teachings of Christ are some of the challenges of making a sports program a truly Catholic experience, which is the challenge facing every Catholic school.

It is imperative that school leaders and coaching staffs work closely together to ensure that the athletic mission contributes to the school's overall spiritual mission. The school's academic and athletic programs, as well as all school activities, must contribute to the spreading of the Gospel. Teaching and

- B. A student may participate in more than one sport per season. For example, a student is permitted to participate on a soccer and baseball/softball team at the same time but cannot participate in more than four athletic activities in one week.
 - C. No regular games or practices/open gyms are allowed on Sundays. The exception to this rule is diocesan tournaments and local high school feeder tournaments.
 - D. When school is cancelled due to inclement weather, no practices, games, or local tournaments are to be held.
 - E. Students who are absent from school may not practice or participate in games unless there are special circumstances approved by the principal such as a funeral or doctor appointment.
 - F. Students should not leave school early to attend an athletic event. The exception to this rule must be given by the principal and only rarely given.
3. Practice
- A. Practice time for grades 1 thru 4 should not exceed one hour. Practice time for grades 5 thru 8 should not exceed two hours.
 - B. Practice time should be limited during semester exam week and during the holiday vacation periods and holidays, as determined by the school board.
 - No practices shall be held on Sunday.
 - When school is canceled due to inclement weather, no practice, games, or local tournaments are to be held.
 - Practices should be scheduled with consideration for the family mealtime and safety of children returning home, as determined by the school board.
 - C. Open Gyms
Open gyms on Sunday are not allowed.
Open gyms during the season constitute a practice. In the off season, open gyms must follow the following rules:
 - An adult supervisor (21 years of age) must always be present during an open gym.
 - All students may participate in an open gym. (The supervisor is responsible for selecting the appropriate activities during the open gym time).
 - A supervisor or coach may not organize competitive play or offer critical judgments during open gym time.
 - D. Any practice with another team outside school will count as a game.
4. Note to principals and school athletic directors: Please remember that the length and time of a particular sport season may be changed or altered due to local conditions or league requirements. Any alteration or change in these dates must be approved by the principal. If there are any questions, please contact the Office of Education.
- A. Soccer
 - The maximum number of games that may be played is **15**.
 - B. Fall Baseball
 - The maximum number of games is **21**. Tournaments can be scheduled as long as the total number of games does not exceed 21.

- C. Each school athletic director is to be evaluated at the end of the season by the principal. Each coach is to be evaluated at the end of each season by the school athletic director and the principal, especially on the following code of conduct. (Forms are available from the Office of Education).
- D. School athletic director evaluations will be kept on file in the Office of Education. All school athletic directors are required to evaluate all coaches at the end of the sports year. These evaluations should be kept on file in the particular school's office.
- E. Each coach must be 21 years of age. A coach under the age of 21 should be the "assistant coach" and be under the guidance and supervision of the adult (21 or over) coach.
- F. All coaches, assistant coaches and school athletic directors shall have completed the required two-hour concussion training approved by the SIJHSAA before coaching duties begin. All schools shall have adopted a concussion protocol to be followed in the event of a possible head injury and communicate that protocol to all coaches, parents of athletes, and student athletes prior to the start of practice and/or games.

5.1 Code of Conduct

- A. No abusive language or actions will be tolerated.
- B. Coaches shall make a concentrated effort to keep scores in any contest such that the opposing teams will not be embarrassed.
- C. Coaches' actions shall be such that they promote good sportsmanship among everyone present.
- D. Coaches shall always remember that their actions reflect on the reputation and good name of his/her school.
- E. Coaches shall treat all officials with respect.
- F. It is strongly suggested that coaches know the rules of the game and do not dispute judgment calls.
- G. Coaches shall treat their players with respect at all times.
- H. Under no condition shall champagne or any other alcoholic beverage be part of any team celebrations.
- I. It is strongly recommended that each player be given an adequate opportunity to participate.

5.2. The coach is also responsible to see that:

- A. Players do not use abusive language.
- B. An athlete's actions shall be such that they promote good sportsmanship among everyone present.
- C. An athlete shall always remember that his/her actions reflect on the reputation and good name of the school.

Each school should submit an incident report form to the Diocesan Office of Education in the event of any unsportsmanlike conduct by parents, players, coaches, spectators, fans, and supporters. These reports should be submitted within 24 hours of the incident and should not be based on the calls of officials or referees. A copy of any incident report will be sent to the principal of the offending school.

- F. An incident report should also be filed if a school does not provide for adequate certified officials and does not do everything possible to be a responsible and gracious host.

5.4.

- A. Any parent, spectator, fan, or supporter disregarding these guidelines shall be asked to leave the gym or playing field. If the parent, spectator, fan, or supporter disregards the request to vacate the area, the game shall not continue until the person/s leaves. This action could result in forfeiture of the game. The coaches of both teams shall see that these regulations are enforced. Any parent, spectator, fan, or supporter that consistently violates these regulations shall not be allowed to attend games until determined by the principal or school athletic director. Any coach refusing to enforce these regulations shall be suspended temporarily or permanently as determined by the principal or school athletic director.
- B. When the principal or school athletic director is not present at an athletic event, it is the responsibility of the principal's designee to ensure proper fan behavior.

- 5.5 When school teams stay at hotels, motels, etc. each school must provide a designated supervisor to oversee the behavior of both parents and students.

6. Salary/Stipend Guidelines for Coaches and School Athletic Directors

- A. It is encouraged that school athletic directors receive a stipend depending on the financial condition of the school and athletic program.
- B. It is encouraged that a stipend be offered to each person coaching a school team, and that a stipend be offered for each team coached, depending on the financial condition of the school and athletic program.

7. Team Size/Cutting of Players/Team Composition

- A. Schools may determine the size and composition of each team (such as when to have two teams at a particular age group because of the number of students that want to play in a given grade). When team rosters exceed the recommended team roster limit, the school shall add additional teams as needed. These additional teams may be based on player ability. Availability of facilities for practices and games, and the availability of other teams to play may necessitate varied opportunities for practices and games among school teams. In all cases, the Diocese of Belleville does not allow the cutting of players from any team.
- B. When a school does not have a sufficient number of students to participate in a certain sport, the principal and school athletic director shall contact the Office of Education to seek available roster spots. When a neighboring partner school does have roster spots, the two principals must agree with the registering of the student/s for the team. The principals shall work with their school's athletic directors to place the student/s with a school team when both schools agree. This will be done on a sport-to-sport basis and must be done prior to the beginning of that sport season. When the two principals agree, a written request or email must be submitted to the Office of Education. If a school takes players from another school, they

students or less. In the event of a diocesan tournament having more than one class of competition, the total enrollment for both schools be used in determining in which class the school will participate. The coaches of co-op teams must be compliant with the requirements of the Office of Child Protection. The coaches of co-op teams are held to the same standards as all coaches of Catholic school teams, and all diocesan rules apply to co-op teams. **Note: when sending in rosters, please note if student is from another school and the name of the school.**

8. Playing Time

- A. Playing time and selection of starters in grades seven and eight will be up to the discretion of the coaches and will be dependent upon a coach's evaluation of an individual student's ability, attendance, attitude, and behavior at practices and games. **Again, remember the Diocese of Belleville does not allow any cutting of players at any level.**
- B. The emphasis of the athletic program in grades five and six shall be learning fundamental skills and gaining self-confidence. Coaches shall give each student as much playing time as possible (this does not mean equal playing time) as well as a chance to start some games; however, student's attendance, attitude, and behavior at practices and games also will determine the amount of playing time. All rostered players shall have played by the of the game in all diocesan controlled sporting events.
 - Minimal playing time for timed sports at the junior level for rostered players should be no less than one minute.
 - All players in junior volleyball must play before the end of the second match.
- C. Students and parents who have questions, concerns, or complaints should first consult with the coach after 24 hours have elapsed from the time of concern. In the best interests of the children, both the parents and the coaches should make every effort to keep the lines of communication open. Whenever an issue is not able to be resolved, the parent, student, or coach should approach the school athletic director and then the principal.
- D. It is required that all parents be informed and given a copy of the school's policy and guidelines at the beginning of each sports season explaining team composition, playing time, player eligibility, as well as the code of behavior for coaches, players, parents supporters, and spectators.

9. Cheerleading and Pom Pon Squads

- A. A school may have one cheerleading or pom pon squad. This squad should be composed of eighth grade students. Only seventh grade students may be on the squad if there are not enough eighth grade students for the squad. This must be approved by the principal, pastor, and school board before a seventh-grade student can participate.
- B. A student may participate in more than 1 team sport or athletic activity at the same time. The four activities per week rule, #2A, apply for cheerleading or pom pon squads.
- C. There may be no more than 8 members of the squad on the floor at all times. This rule does not pertain to half time dance routines.
- D. A squad shall cheer for one "A" game each day. Under no circumstances may any squad for a school perform at fifth, sixth, or seventh grade games.

11.3 Student classroom behavior and academic progress.

- A. A student's classroom behavior and academic progress are best handled by the teacher and principal, and, therefore, should remain a school and parental concern not usually connected with the school athletic program.
- B. A student may not be excluded from participating in sports activities because of low grades or unfinished homework. However, if it is determined that a student's extra-curricular activities interfere with the student's academic progress or classroom behavior, the student may be excused for a time. These situations shall be thoroughly investigated by the teacher and principal before any disciplinary action is taken regarding athletic sports participation.
- C. Any disciplinary action connected with the school athletic program should be discussed with joint participation by the student, teacher, parent, principal, coach, and/or school athletic director. The final decision will be determined by the principal.
- D. Keeping in mind that the total welfare of the student is the primary concern, there are often many other effective and positive methods available that can help motivate a student's academic progress or behavior before excluding a student from playing sports.

11.4 Age Requirements

- Parochial (7th & 8th Grade) under 15 before September 1 of the current school year.
- Junior (5th & 6th Grade) under 13 before September 1 of the current school year.
- Exceptions may be granted in writing by the Office of Education

12. Referees

- A. For all athletic events, schools must use Illinois High School Association (I.H.S.A.) certified referees or other state or diocesan certified officials.
- B. When uncertified or insufficient numbers of officials occur, a school has the following options:
 - 1. The home team forfeits and there is no game.
 - 2. The home team forfeits and the game is played.
 - 3. Both teams play the game with an agreement of both coaches and results count in league standings.
- C. For all athletic contests, time and score keepers must be at least 16 years of age. If not, rules 12A and 12B apply.
- D. For those schools involved in soccer, all referees must be certified by the Illinois Youth Soccer Association or the Illinois High School Association (I.H.S.A.). This has been effective since Fall 2004.

13. Each local school board should develop a philosophy statement on the purpose of elementary level athletic activities. The philosophy statement should be designed so that elementary athletic programs have their proper place in the lives of the students. School athletic activities should be enriching and enjoyable and foster Christian charity. Excessive emphasis on winning and competition is not consistent with this approach, and is therefore, to be avoided.

18. Every school is to adopt and follow a "24 hour" cooling off period on any current complaint, or from a prior game, to diffuse potential problems between parents, officials, coaches, spectators, fans, or supporters.

Approved: March 20, 1984

Revised: July 1, 2019

Office of Education
Diocese of Belleville