



Dear Parents/Guardians:

Students entering **Pre-Kindergarten (3 and 4 year olds)** are required by the State of Illinois to have a *Physical Examination/Immunization Record* on file at the school office before school begins, or no later than **Sept. 1st of the current school year**. The forms are being sent home now so that you may schedule these appointments. While students are enrolled in Pre-Kindergarten, these exams are to be completed on an *annual* basis.

PLEASE NOTE:

The HEALTH HISTORY section on the form (top half of page 2) is to be completed by *parents/guardians, signed, and dated*. Please fill out all the personal information areas on the physical. (top of page 1 and page 2)

The IMMUNIZATION section is to be completed only by a health care provider.

The physician must sign verifying immunizations were given and also sign indicating the physical examination was given, including date of exam.  
(Two signatures)

The state of Illinois now requires that all students be screened for diabetic risk factors and BMI, during their health physical. Additionally, any child younger than 6 requires lead screening.

Sincerely,

SANDY JOUGLARD  
PRINCIPAL

JANINE L. GOSEBRINK, RN, BSN  
NURSE



## State of Illinois Certificate of Child Health Examination

<b>Student's Name</b>				<b>Birth Date</b>	<b>Sex</b>	<b>Race/Ethnicity</b>	<b>School /Grade Level/ID#</b>
Last	First	Middle		Month/Day/Year			
<b>Address</b>				<b>Parent/Guardian</b>		<b>Telephone # Home</b>	
Street	City	Zip Code				Work	

**IMMUNIZATIONS: To be completed by health care provider. The mo/da/yr for every dose administered is required. If a specific vaccine is medically contraindicated, a separate written statement must be attached by the health care provider responsible for completing the health examination explaining the medical reason for the contraindication.**

REQUIRED Vaccine / Dose	DOSE 1			DOSE 2			DOSE 3			DOSE 4			DOSE 5			DOSE 6					
	MO	DA	YR	MO	DA	YR	MO	DA	YR	MO	DA	YR	MO	DA	YR	MO	DA	YR			
<b>DTP or DTaP</b>																					
<b>Tdap; Td or Pediatric DT</b> (Check specific type)	<input type="checkbox"/> Tdap <input type="checkbox"/> Td <input type="checkbox"/> DT			<input type="checkbox"/> Tdap <input type="checkbox"/> Td <input type="checkbox"/> DT			<input type="checkbox"/> Tdap <input type="checkbox"/> Td <input type="checkbox"/> DT			<input type="checkbox"/> Tdap <input type="checkbox"/> Td <input type="checkbox"/> DT			<input type="checkbox"/> Tdap <input type="checkbox"/> Td <input type="checkbox"/> DT			<input type="checkbox"/> Tdap <input type="checkbox"/> Td <input type="checkbox"/> DT					
<b>Polio</b> (Check specific type)	<input type="checkbox"/> IPV <input type="checkbox"/> OPV			<input type="checkbox"/> IPV <input type="checkbox"/> OPV			<input type="checkbox"/> IPV <input type="checkbox"/> OPV			<input type="checkbox"/> IPV <input type="checkbox"/> OPV			<input type="checkbox"/> IPV <input type="checkbox"/> OPV			<input type="checkbox"/> IPV <input type="checkbox"/> OPV					
<b>Hib</b> Haemophilus influenzae type b																					
<b>Pneumococcal Conjugate</b>																					
<b>Hepatitis B</b>																					
<b>MMR</b> Measles Mumps. Rubella																					
<b>Varicella</b> (Chickenpox)																					
<b>Meningococcal conjugate (MCV4)</b>																					
<b>RECOMMENDED, BUT NOT REQUIRED Vaccine / Dose</b>																					
<b>Hepatitis A</b>																					
<b>HPV</b>																					
<b>Influenza</b>																					
<b>Other: Specify Immunization Administered/Dates</b>																					

**Comments:**

**Health care provider (MD, DO, APN, PA, school health professional, health official) verifying above immunization history must sign below. If adding dates to the above immunization history section, put your initials by date(s) and sign here.**

<b>Signature</b>	<b>Title</b>	<b>Date</b>
<b>Signature</b>	<b>Title</b>	<b>Date</b>

**ALTERNATIVE PROOF OF IMMUNITY**

**1. Clinical diagnosis (measles, mumps, hepatitis B) is allowed when verified by physician and supported with lab confirmation. Attach copy of lab result.**  
 \*MEASLES (Rubeola) MO DA YR \*\*MUMPS MO DA YR HEPATITIS B MO DA YR VARICELLA MO DA YR

**2. History of varicella (chickenpox) disease is acceptable if verified by health care provider, school health professional or health official.**  
 Person signing below verifies that the parent/guardian's description of varicella disease history is indicative of past infection and is accepting such history as documentation of disease.

<b>Date of Disease</b>	<b>Signature</b>	<b>Title</b>
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**3. Laboratory Evidence of Immunity (check one)  Measles\*  Mumps\*\*  Rubella  Varicella Attach copy of lab result.**  
 \*All measles cases diagnosed on or after July 1, 2002, must be confirmed by laboratory evidence.  
 \*\*All mumps cases diagnosed on or after July 1, 2013, must be confirmed by laboratory evidence.

**Completion of Alternatives 1 or 3 MUST be accompanied by Labs & Physician Signature: \_\_\_\_\_**  
 Physician Statements of Immunity MUST be submitted to IDPH for review.

**Certificates of Religious Exemption to Immunizations or Physician Medical Statements of Medical Contraindication Are Reviewed and Maintained by the School Authority.**

Last                      First                      Middle	<b>Birth Date</b> Month/Day/ Year	<b>Sex</b>	<b>School</b>	<b>Grade Level/ ID</b>
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**HEALTH HISTORY TO BE COMPLETED AND SIGNED BY PARENT/GUARDIAN AND VERIFIED BY HEALTH CARE PROVIDER**

<b>ALLERGIES</b> (Food, drug, insect, other)	Yes No	List:	<b>MEDICATION</b> (Prescribed or taken on a regular basis.)	Yes No	List:
Diagnosis of asthma?		Yes No	Loss of function of one of paired organs? (eye/ear/kidney/testicle)		Yes No
Child wakes during night coughing?		Yes No	Hospitalizations? When? What for?		Yes No
Birth defects?		Yes No	Surgery? (List all.) When? What for?		Yes No
Developmental delay?		Yes No	Serious injury or illness?		Yes No
Blood disorders? Hemophilia, Sickle Cell, Other? Explain.		Yes No	TB skin test positive (past/present)?	Yes*	No
Diabetes?		Yes No	TB disease (past or present)?	Yes*	No
Head injury/Concussion/Passed out?		Yes No	Tobacco use (type, frequency)?	Yes	No
Seizures? What are they like?		Yes No	Alcohol/Drug use?	Yes	No
Heart problem/Shortness of breath?		Yes No	Family history of sudden death before age 50? (Cause?)	Yes	No
Heart murmur/High blood pressure?		Yes No	Dental <input type="checkbox"/> Braces <input type="checkbox"/> Bridge <input type="checkbox"/> Plate    Other		
Dizziness or chest pain with exercise?		Yes No	Information may be shared with appropriate personnel for health and educational purposes.		
Eye/Vision problems? _____ Glasses <input type="checkbox"/> Contacts <input type="checkbox"/> Last exam by eye doctor _____			<b>Parent/Guardian Signature</b> _____ <b>Date</b> _____		
Other concerns? (crossed eye, drooping lids, squinting, difficulty reading)					
Ear/Hearing problems?		Yes No			
Bone/Joint problem/injury/scoliosis?		Yes No			

**PHYSICAL EXAMINATION REQUIREMENTS Entire section below to be completed by MD/DO/APN/PA**  
**HEAD CIRCUMFERENCE if < 2-3 years old                      HEIGHT                      WEIGHT                      BMI                      B/P**

**DIABETES SCREENING (NOT REQUIRED FOR DAY CARE) BMI>85% age/sex** Yes  No  And any two of the following: **Family History** Yes  No   
**Ethnic Minority** Yes  No  **Signs of Insulin Resistance** (hypertension, dyslipidemia, polycystic ovarian syndrome, acanthosis nigricans) Yes  No  **At Risk** Yes  No

**LEAD RISK QUESTIONNAIRE:** Required for children age 6 months through 6 years enrolled in licensed or public school operated day care, preschool, nursery school and/or kindergarten. (Blood test required if resides in Chicago or high risk zip code.)

**Questionnaire Administered?** Yes  No     **Blood Test Indicated?** Yes  No     **Blood Test Date** \_\_\_\_\_    **Result** \_\_\_\_\_

**TB SKIN OR BLOOD TEST** Recommended only for children in high-risk groups including children immunosuppressed due to HIV infection or other conditions, frequent travel to or born in high prevalence countries or those exposed to adults in high-risk categories. See CDC guidelines. [http://www.cdc.gov/tb/publications/factsheets/testing/TB\\_testing.htm](http://www.cdc.gov/tb/publications/factsheets/testing/TB_testing.htm).

**No test needed**     **Test performed**     **Skin Test: Date Read**    /    /    **Result: Positive**     **Negative**     **mm** \_\_\_\_\_  
**Blood Test: Date Reported**    /    /    **Result: Positive**     **Negative**     **Value** \_\_\_\_\_

LAB TESTS (Recommended)	Date	Results	Date	Results
Hemoglobin or Hematocrit				Sickle Cell (when indicated)
Urinalysis				Developmental Screening Tool

SYSTEM REVIEW	Normal	Comments/Follow-up/Needs	Normal	Normal	Comments/Follow-up/Needs
<b>Skin</b>			<b>Endocrine</b>		
<b>Ears</b>		Screening Result:	<b>Gastrointestinal</b>		
<b>Eyes</b>		Screening Result:	<b>Genito-Urinary</b>		LMP
<b>Nose</b>			<b>Neurological</b>		
<b>Throat</b>			<b>Musculoskeletal</b>		
<b>Mouth/Dental</b>			<b>Spinal Exam</b>		
<b>Cardiovascular/HTN</b>			<b>Nutritional status</b>		
<b>Respiratory</b>		<input type="checkbox"/> Diagnosis of Asthma	<b>Mental Health</b>		
Currently Prescribed Asthma Medication: <input type="checkbox"/> Quick-relief medication (e.g. Short Acting Beta Agonist) <input type="checkbox"/> Controller medication (e.g. inhaled corticosteroid)			<b>Other</b>		

**NEEDS/MODIFICATIONS** required in the school setting                      **DIETARY** Needs/Restrictions

**SPECIAL INSTRUCTIONS/DEVICES** e.g. safety glasses, glass eye, chest protector for arrhythmia, pacemaker, prosthetic device, dental bridge, false teeth, athletic support/cup

**MENTAL HEALTH/OTHER** Is there anything else the school should know about this student?  
If you would like to discuss this student's health with school or school health personnel, check title:  Nurse     Teacher     Counselor     Principal

**EMERGENCY ACTION** needed while at school due to child's health condition (e.g., seizures, asthma, insect sting, food, peanut allergy, bleeding problem, diabetes, heart problem)?  
**Yes**  **No**  If yes, please describe.

On the basis of the examination on this day, I approve this child's participation in \_\_\_\_\_ (If No or Modified please attach explanation.)

**PHYSICAL EDUCATION** Yes  No  Modified     **INTERSCHOLASTIC SPORTS** Yes  No  Modified

**Print Name** \_\_\_\_\_ (MD,DO, APN, PA)    **Signature** \_\_\_\_\_    **Date** \_\_\_\_\_

**Address** \_\_\_\_\_    **Phone** \_\_\_\_\_